

4-H Clothing Construction

Project Book 3

Name: _____

4H Age: _____

Club Name: _____

Years in 4-H: _____



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Revised May 2006 by Vera Collins Lake County 4-H Secretary
Available on line at <http://lake.ifas.ufl.edu/4-H/Projects.htm>

Please check boxes for tasks completed.

USE: A Napped fabric such as corduroy C A firm Knit C A suitable fabric of your choice

MAKE AT LEAST TWO:

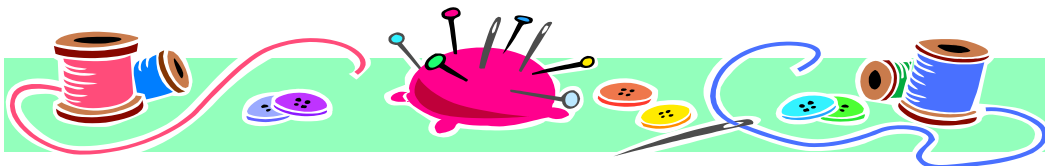
<input type="checkbox"/>	<i>Slip & panties</i>	<input type="checkbox"/>	<i>pantsdress or jumpsuit</i>	<input type="checkbox"/>	<i>Skirt & top of any kind</i>
<input type="checkbox"/>	<i>Pants & top of any kind</i>	<input type="checkbox"/>	<i>Jumper & top of any kind</i>	<input type="checkbox"/>	<i>Pajamas or nightgown</i>
<input type="checkbox"/>	<i>Dress with collar and/or sleeves</i>				

STUDY & Identify: labeling of fabrics U effects of directional stitching on different fabrics U how to construction press different fabrics.

LEARN & DO AT LEAST THREE NEW CONSTRUCTION TECHNIQUES:

<input type="checkbox"/>	<i>organize sewing tools & construction steps</i>	<input type="checkbox"/>	<i>improve construction skills</i>	<input type="checkbox"/>	<i>select becoming patters & fabric</i>
<input type="checkbox"/>	<i>follow a guide sheet</i>	<input type="checkbox"/>	<i>make simple alterations</i>	<input type="checkbox"/>	
<input type="checkbox"/>	<i>attach a collar</i>	<input type="checkbox"/>	<i>set-in sleeves</i>	<input type="checkbox"/>	<i>work with a napped fabric</i>
<input type="checkbox"/>	<i>apply patch pockets</i>	<input type="checkbox"/>	<i>work with a knit fabric</i>	<input type="checkbox"/>	<i>under stitch</i>
<input type="checkbox"/>	<i>to hem a flared skirt</i>	<input type="checkbox"/>	<i>adjust tension and pressure on the sewing machine</i>		
<input type="checkbox"/>		<input type="checkbox"/>	<i>apply fitting principles to your garments to grade enclosed seams</i>		

SHOW & TELL: At least one other person. GIVE: At least one demonstration.



Before you move on to the next level of 4-H Clothing Construction-Girls, you should complete all of the construction technique requirements listed above. In most cases, this means that you may stay in one level for 2 years. During the second year you will improve the skills you have learned by making different garments, using new or different construction techniques.

Attach additional pages, if needed

	Garments made	Fabric Name	Fiber Content	date completed	cost
<i>Garment 1</i>					
<i>Garment 2</i>					
<i>Garment 3</i>					
<i>Garment 4</i>					

What did you learn on Garment 1? _____

What did you learn on Garment 2? _____

What did you learn on Garment 3? _____

What did you learn on Garment 4? _____

What Sewing equipment did you learn to use? _____

What did you learn about working with corduroy? _____

What did you learn about working with firm knits? _____

What techniques do you need to improve? _____

What demonstrations and exhibits did you give?

Title	Where	Date

Pictures & fabric samples: attach a snapshot of your garments & fabric samples. Also, include other snapshots that relate to this project.

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How did you help others?

<p>Construction Samples:</p> <p>attach a sample of a collar that has been graded and under stitched</p>	
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Project Summary

LEADERSHIP

List your accomplishments both in this project and as a member of your club, county council, etc.
Ex: participate in TLC as the delegate to District VIII meetings.

Date	Please Describe

COMMUNITY SERVICE

List in detail your individual or club community service accomplishments and the purpose for the service.
Ex: Our 4-H Club saw a need for a food drive & collected 200 items that were delivered to the needy.

Date	Activities and Events

PRESENTATIONS

List in ***detail*** the demonstrations, speeches, exhibits, workshops where you presented. Also list the topic of your presentation & the level at which you participated at.

Ex: County Events Demonstration - "How to prepare your Rabbit for Show" Check County

Date	Activity	Topic	Please check level				
			Individual	Club	Cnty	District	State

CLUB ACTIVITIES

What activities did you participate in with your 4-H Club.

Ex: Workshops, fair, field trips, judging trips

Date	Activities

NEWSPAPER Articles and/or Pictures of your 4-H Project

NEWSPAPER Articles are extra and will not be deducted.

If you or your 4-H club was in the newspaper please attach the article here.

For project pictures, be sure to include captions describing each photograph. If possible show (The Beginning of your project (work being done and (your completed project.
(Minimum of 3 pictures). You may insert pages as needed.

