

4H297

4-H Clothing Construction

Record Book



Name: _____

Club Name: _____ 4H Age: _____

Florida Cooperative Extension Service Institute of Food and Agricultural Sciences
University of Florida, Gainesville An Equal Opportunity Institution

Revised July 2004 by Vera Collins Lake Cnty 4-H Secretary, this book is available on the web at: <http://lake.ifas.ufl.edu/4-H/Projects.htm>

Please check boxes for tasks completed.

USE : Suitable fabrics for designs
MAKE

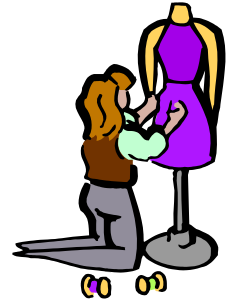
	Three outfits which you have changed from a commercial pattern.
	One garment should reflect the current. One garment should be copies from a picture or sketch of a ready-to-wear outfit.

STUDY: current fashion trends of line, texture, design, color, and accessories, fitting & altering patterns.

Learn & Do at Least 6 New Construction Techniques &

Learn to Make Simple Design Changes to Commercial Patterns.

	changing a neckline		moving darts
	changing openings		changing sleeves
	adding or changing collars		adding structural seam lines
	changing silhouette lines		



SHOW & TELL: At least 4 other people. **GIVE:** At least one demonstration.

Before you move on to the next level of 4-H Clothing Construction-Girls, you should complete all of the construction technique requirements listed above. In most cases, this means that you may stay in one level for 2 years. During the second year you will improve the skills you have learned by making different garments, using new or different construction techniques.

Attach additional pages, if needed

	Garments made	Fabric Name	Fiber Content	completed	cost	savings
<i>Garment 1</i>						
<i>Garment 2</i>						
<i>Garment 3</i>						
<i>Garment 4</i>						
<i>Garment 5</i>						
<i>Garment 6</i>						

What did you learn on Garment 1? _____

What did you learn on Garment 2? _____

What did you learn on Garment 3? _____

What did you learn on Garment 4? _____

What did you learn on Garment 5? _____

What did you learn on Garment 6? _____

What Sewing equipment did you learn to use? _____

What did you learn about designing garments? _____

What do you need to improve? _____

What demonstrations and exhibits did you give?

Title	Where	Date

How did you help others? _____

Construction
Samples:

*attach a sample of
decorative finishes
using binding, lace, or
other trim*

1.

2.

3.

4.

Pictures & fabric samples: attach a snapshot and fabric sample of your garments.
Also, include snapshots showing other involvement in this project.

Project Summary

LEADERSHIP

List your accomplishments both in this project and as a member of your club, county council, etc.
Ex: participate in TLC as the delegate to District VIII meetings.

Date	Please Describe

COMMUNITY SERVICE

List in detail your individual or club community service accomplishments and the purpose for the service.
Ex: Our 4-H Club saw a need for a food drive & collected 200 items that were delivered to the needy.

Date	Activities and Events

PRESENTATIONS

List in ***detail*** the demonstrations, speeches, exhibits, workshops where you presented.
 Also list the topic of your presentation & the level at which you participated at.
Ex: County Events Demonstration - "How to prepare your Rabbit for Show" Check County

Date	Activity	Topic	Please check level				
			Individual	Club	Cnty	District	State

CLUB ACTIVITIES

What activities did you participate in with your 4-H Club.
Ex: Workshops, fair, field trips, judging trips

Date	Activities

NEWSPAPER Articles and/or Pictures of your 4-H Project

NEWSPAPER Articles are extra and will not be deducted.

If you or your 4-H club was in the newspaper please attach the article here.

For project pictures, be sure to include captions describing each photograph. If possible show (

The Beginning of your project (work being done and (your completed project.

(Minimum of 3 pictures). You may insert pages as needed.

