

4-H Clothing Construction

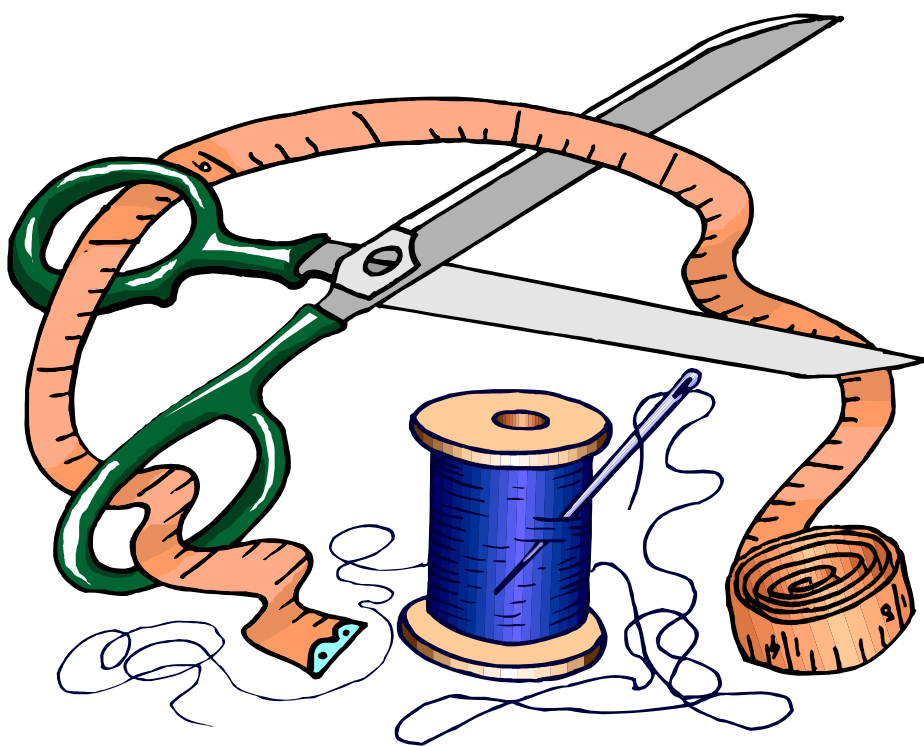
4H222

Project Book

2

Club Name: _____ 4H age: _____

Name: _____ Age: _____



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Revised August 2006 by Vera Collins Lake County 4-H Secretary
Available on line at <http://lake.ifas.ufl.edu/4-H/Projects.htm>

4-H Clothing Construction ** Girls ** Level 2

Please check boxes for tasks completed.



Use: Cotton or cotton like fabrics that are firm

Make at Least Two:

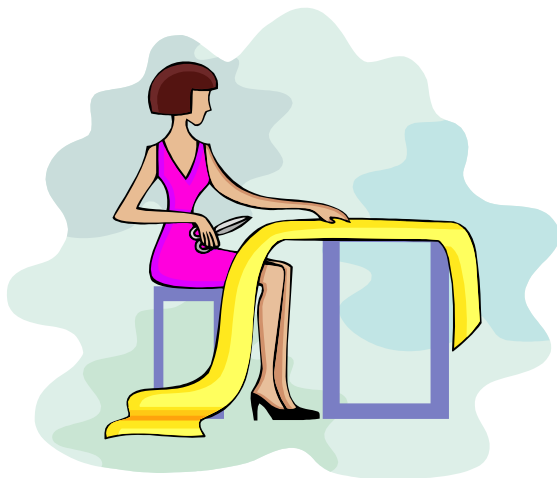
<input type="checkbox"/>	<i>Skirt of any design</i>	<input type="checkbox"/>	<i>pants of any length</i>
<input type="checkbox"/>	<i>top of any kind</i>	<input type="checkbox"/>	<i>Jumper</i>
<input type="checkbox"/>	<i>Simple dress</i>		

Study & Identify: different cotton fabrics and cotton blends. List their name, fiber content, weave, hand, texture, and design. Do at least five.

Learn at Least Three New Construction Techniques:

<input type="checkbox"/>	<i>to pre-shrink notions</i>	<input type="checkbox"/>	<i>to follow a layout</i>	<input type="checkbox"/>	<i>to cut & mark fabric</i>
<input type="checkbox"/>	<i>to stay stitch</i>	<input type="checkbox"/>	<i>to use interfacing</i>	<input type="checkbox"/>	<i>to stitch & press darts</i>
<input type="checkbox"/>	<i>to put in a zipper</i>	<input type="checkbox"/>	<i>to make gathers</i>	<input type="checkbox"/>	<i>to make pleats</i>
<input type="checkbox"/>	<i>to attach a waistband</i>	<input type="checkbox"/>	<i>to apply snaps</i>	<input type="checkbox"/>	<i>to apply hooks & eyes</i>
<input type="checkbox"/>	<i>to hem a flared skirt</i>	<input type="checkbox"/>	<i>to clean-finish</i>	<input type="checkbox"/>	<i>to sew on buttons</i>
<input type="checkbox"/>	<i>to select & use a commercial pattern</i>				

Show & Tell: At least one other person. Give: At least one demonstration.



Dear 4-H'er:

Before you move on to the next level of 4-H Clothing Construction-Girls, you should complete all of the construction technique requirements listed above. In most cases, this means that you may stay in one level for 2 years. During the second year you will improve the skills you have learned by making different garments, using new or different construction techniques.

Attach additional pages, if needed

	Garment 1	Garment 2	Garment 3
<i>Garments made</i>			
<i>Fabric Name</i>			
<i>Fiber Content</i>			
<i>date completed</i>			
<i>cost</i>			

What did you learn on Garment 1? _____

What did you learn on Garment 2? _____

What did you learn on Garment 3? _____

What Sewing equipment did you learn to use? _____

What did you learn about cotton or cotton like fabrics? _____

How did you help others? _____

What demonstrations and exhibits did you give?

Title	Where	Date

Pictures & fabric samples: attach a snapshot of your garments & fabric samples.

Construction Samples: attach a zipper-lapped application

Project Summary

LEADERSHIP

List your accomplishments both in this project and as a member of your club, county council, etc.
Ex: participate in TLC as the delegate to District VIII meetings.

Date	Please Describe

COMMUNITY SERVICE

List in detail your individual or club community service accomplishments and the purpose for the service.
Ex: Our 4-H Club saw a need for a food drive & collected 200 items that were delivered to the needy.

Date	Activities and Events

PRESENTATIONS

List in ***detail*** the demonstrations, speeches, exhibits, workshops where you presented. Also list the topic of your presentation & the level at which you participated at.

Ex: County Events Demonstration - "How to prepare your Rabbit for Show" Check County

Date	Activity	Topic	Please check level				
			Individual	Club	Cnty	District	State

CLUB ACTIVITIES

What activities did you participate in with your 4-H Club.

Ex: Workshops, fair, field trips, judging trips

Date	Activities

NEWSPAPER Articles and/or Pictures of your 4-H Project

NEWSPAPER Articles are extra and will not be deducted.

If you or your 4-H club was in the newspaper please attach the article here.

For project pictures, be sure to include captions describing each photograph. If possible show (The Beginning of your project
(work being done and (your completed project.
(Minimum of 3 pictures). You may insert pages as needed.

