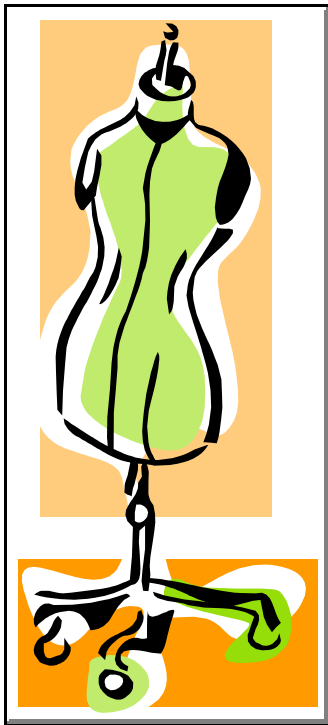


4H224

4-H Clothing Construction

Record Book



Name: _____

Club Name: _____

4H Age: _____

Please check boxes for tasks completed.

USE: A fabric that requires matching - stripe or large design C a single knit C
A suitable fabric of your choice

MAKE AT LEAST THREE OUTFITS:

	dress-one or two piece		jumper and blouse		pants & top of any kind
	skirt & top of any kind		bathing suit & coverup		active wear
	unlined jacket & skirt or pants		nightgown & robe		pajamas & robe
	pullover shirt with skirt or pants				

STUDY: working with stripes & large designs U selecting appropriate accessories
U using & coordinating trims.

LEARN & DO AT LEAST FOUR NEW CONSTRUCTION TECHNIQUES:

	machine & hand sew more carefully		Use pressing equipment
	Make machine and/or hand-worked buttonholes		match stripes and/or large designs
	stabilize seams by taping		finish seams
	underline a garment		top stitch
	make pattern alterations for a good fit		work with single knits
	put in a zipper by new method		make notched collars
	apply trim		do different hem finishes
	select suitable interfacing & linings for different fabrics		learn more about the sewing machine * new stitches and/or new attachments

SHOW & TELL: At least one other person. GIVE: At least one demonstration.



Before you move on to the next level of 4-H Clothing Construction-Girls, you should complete all of the construction technique requirements listed above.

In most cases, this means that you may stay in one level for 2 years. During the second year you will improve the skills you have learned by making different garments, using new or different construction techniques.

Attach additional pages, if needed

	Garments made	Fabric Name	Fiber Content	completed	cost	savings
<i>Garment 1</i>						
<i>Garment 2</i>						
<i>Garment 3</i>						
<i>Garment 4</i>						
<i>Garment 5</i>						
<i>Garment 6</i>						

What did you learn on *Garment 1*? _____

What did you learn on *Garment 2*? _____

What did you learn on *Garment 3*? _____

What did you learn on *Garment 4*? _____

What did you learn on *Garment 5*? _____

What did you learn on *Garment 6*? _____

What Sewing equipment did you learn to use? _____

What did you learn about matching stripes and/or large designs? _____

What did you learn about working with single knits? _____

What demonstrations and exhibits did you give?

Title	Where	Date

Pictures & fabric samples: attach a snapshot of your garments & fabric samples. Also, include other snapshots that relate to this project.

How did you help others?

<p>Construction Samples:</p> <p>attach 3 different hem finishes & 3 different hemming stitches. Be sure they are on the appropriate fabric</p>	<p>1.</p>
<p>2.</p>	<p>3.</p>

Project Summary

LEADERSHIP

List your accomplishments both in this project and as a member of your club, county council, etc.
Ex: participate in TLC as the delegate to District VIII meetings.

Date	Please Describe

COMMUNITY SERVICE

List in detail your individual or club community service accomplishments and the purpose for the service.
Ex: Our 4-H Club saw a need for a food drive & collected 200 items that were delivered to the needy.

Date	Activities and Events

PRESENTATIONS

List in ***detail*** the demonstrations, speeches, exhibits, workshops where you presented. Also list the topic of your presentation & the level at which you participated at.
Ex: County Events Demonstration - "How to prepare your Rabbit for Show" Check County

Date	Activity	Topic	Please check level				
			Individual	Club	Cnty	District	State

CLUB ACTIVITIES

What activities did you participate in with your 4-H Club.
Ex: Workshops, fair, field trips, judging trips

Date	Activities

NEWSPAPER Articles and/or Pictures of your 4-H Project

NEWSPAPER Articles are extra and will not be deducted.

If you or your 4-H club was in the newspaper please attach the article here.

For project pictures, be sure to include captions describing each photograph. If possible show (

The Beginning of your project (work being done and (your completed project.

(Minimum of 3 pictures). You may insert pages as needed.

