

I pledge my **HEAD** to clearer thinking,
my **HEART** to greater loyalty,
My **HANDS** to larger service,
And my **HEALTH** to better living.

For my **CLUB**, my **COMMUNITY**, my **COUNTRY**,
and my **WORLD!**



Contact the Lake County 4-H
Office for more information!

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CHECK OUT OUR CALENDAR FOR UPCOMING EVENTS!
<http://lake.ifas.ufl.edu/4-H/calendar-google.shtml>



OUR WEBSITE CAN GIVE YOU INSIGHT TO THE VARIOUS
PROGRAMS WE HAVE TO OFFER, AND THE OTHER
OPPORTUNITIES WITHIN EXTENSION!

<http://lake.ifas.ufl.edu/4-H/>



LAKE COUNTY
FLORIDA

UF UNIVERSITY of
FLORIDA

IFAS Extension

4-H Youth Development

Foundation for the Gator Nation
An Equal Opportunity Institution

LAKE COUNTY 4-H



WHAT IS 4-H?

The Fancy Answer:

“4-H is the nation’s largest youth development and empowerment organization, reaching more than 6 million 4-H youth in urban neighborhoods, suburban schoolyards and rural farming communities. Fueled by university-backed curriculum and our nation’s Cooperative Extension System, 4-H’ers engage in hands-on learning activities in the areas of science, healthy living, and food security.”

-National 4-H Council

The Fun Answer:

4-H is a youth organization that focuses on hands-on learning. Youth have an opportunity for once in a lifetime experiences, that can include State, National, and International travel. There is a place for everyone in 4-H. Do you like gardening? Engines? Public Speaking? Animals? Health and Safety? Bugs? Crafting? We have a place for you! If your interest isn’t listed, don’t worry! There is a project waiting for you that focuses on your passion.

WHO CAN BE IN 4-H?

4-H is open to all youth ages 5-18. They must be that age by September 1, of the current year.

Cloverbuds: Youth ages 5-7 years old. They are welcome to participate, but not officially compete, in nearly all of the events throughout the year

Junior: Ages 8-10. They compete in their age division in most events

Intermediate: Ages 11-13. They compete in their age division, and there are specific State 4-H events that are exclusive to this age group

Senior: Ages 14-18. They compete in their age division, and there are specific State 4-H events that are exclusive to this age group



WHAT ARE THE BENEFITS?

4-H provides life skills in the areas of:

GOAL SETTING

PUBLIC SPEAKING

Service Learning

SELF-ESTEEM

WORK-FORCE READINESS

Healthy Choices

LEADERSHIP

And **MANY** More!