

UF/IFAS Lake County Extension Presents...

Local Cuisine From the Roots Up

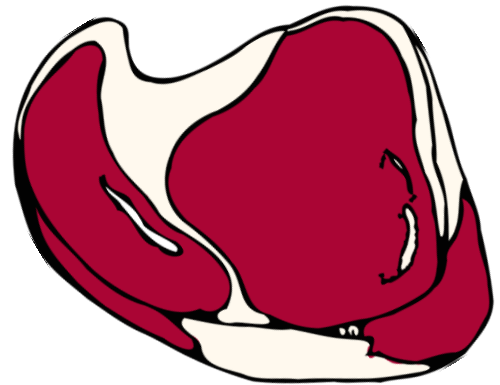
An educational series tracing food from farm to table

Get Your Grill On!

June 29th

10am-12pm

UF/IFAS Lake County Extension
1951 Woodlea Rd Tavares



What cuts of beef are best for the grill? What's the difference between grass fed and grass finished? How can you select a great steak at the supermarket? Get the answers to all these questions while learning safe grilling techniques and healthy recipes. Enjoy tasty samples fresh from the grill!

For more information please contact Megan Mann or Mia Wilchcombe at 352.343.4101

Cost: FREE, includes printed material, recipes, and tasty samples

Pre-Registration is required online at

UFRootsUp.eventbrite.com

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