

UF/IFAS Lake County Extension Presents...

Local Cuisine From the Roots Up

An educational series tracing food from farm to table

Much Ado About Veggies

November 18th

9am-Noon

UF/IFAS Lake County Extension
1951 Woodlea Rd Tavares



Learn what vegetables grow best in the Florida garden and explore healthy ways to use them in your kitchen.

For more information please contact Brooke Moffis or Mia Wilchcombe at 352.343.4101

Cost: \$10, includes printed material, recipes, and tasty samples

Pre-Registration is required online at

UFRootsUp.eventbrite.com

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